



## Adventure Weekend **ACTIVITY** Sponsorships

*There are many ways you can help support stroke and brain injury survivors with aphasia and their family care partners by assisting with funding some of the activities at camp this year. We need your help to make camp a powerful and memorable experience for everyone!*

**Activity sponsorship benefits:** • Logo on signage at the activity • Social media activity post with sponsor mention  
• Sponsor thank you listing on Aphasia Network website and in attendee packet.

### **Saturday Evening Social Party: \$1,000**

Saturday night at Aphasia Camp Northwest: Adventure Weekend we are



holding an evening social event. Aphasia can be very isolating and learning to socialize again is key to building community and confidence. Aphasia Camp Northwest is a place where aphasia survivors and their family members can enjoy good music and good company in a nurturing and fun environment. Everyone involved in camp –

families, staff, students & community donors come together for a memorable evening full of love, laughter and lots of fun.



### **Care Partner Self Care Program: \$750**

Stress from caregiving can lead to health issues and depression if not managed well. At Aphasia Camp Northwest, care partners learn new coping strategies and the importance of self-care, like stretching, breathing, respite and rediscovering hobbies and outdoor recreation. They also connect with fellow care partners and make connections to build a support system. This sponsorship will help care partners learn healthy coping skills to combat the stress associated with care giving. The care partner sponsor logo will appear on ball caps for the care partners, which will serve as an after-camp reminder to take a little time each day for self-care.



### **Beach Party & Bonfire: \$500**

Campers get the opportunity to travel down to the beach with students and staff to enjoy a true Oregon coast bonfire while participating in activities like beach combing, frisbee, and sandcastle building. Many campers have never been down on the sand since their stroke or brain injury. Socializing, s'mores and campfire songs are all a part of this wonderful activity at camp.

**Craft & Gardening Sponsors: \$250 (2 Available)**



The Craft and Gardening activities give campers the ability to try adapted methods using occupational therapy tools. Interacting with nature again is at the core of adapted Gardening! Many of our campers rediscover things they used to enjoy prior to stroke or brain injury by trying crafts and gardening in the supported environment of camp.



**Friday Campfire Ceremony: \$500**

Friday evening campfire is a time for campers students and staff to get to know one another and share in important socializing, music, and sing-alongs. A ceremonial goal setting activity, a music session led by the Backstrokes Stroke and Aphasia music support group, and s'mores are all a part of this wonderful camp activity that is a favorite for many.



**Fishing Sponsors \$250:**

Fishing is a time for campers to try something old or try something new. Many members of the aphasia community are lifelong fishermen who have the opportunity to reconnect with something they love with the assistance of one-handed adaptive equipment. Others step out of their comfort zone to try something new and exciting. Fishing is a fun activity that allows campers to use their hands and be active in a safe environment.

**Water Sponsor: \$150 & Health Break Sponsor: \$200**

Throughout the weekend campers are encouraged to take care of themselves and practice self-care. This includes pacing their schedules and activities, including rest times, healthy snacks, and hydration. These sponsorships help offset the hard costs of water and snacks for event attendees.

**Camp T-Shirts: \$1,000**

T-shirts give campers something to wear at camp to build a sense of community. Isolation is one of the most common and devastating effects of living with aphasia; the simple connection that comes with wearing matching Camp T-shirts has been noted as a good way to combat isolation by past attendees. The shirts also serve as keepsakes campers can take with them to help start a conversation about their experiences at camp with friends and family back home.

**View the Aphasia Camp NW video at [www.AphasiaNetwork.org](http://www.AphasiaNetwork.org) | To discuss sponsorships, call 503-577-1282**