

# VIRTUAL SPRING RETREAT

JUNE 15TH, 22ND, 29TH  
AND JULY 6TH

SEE CALENDAR OF EVENTS ON NEXT  
PAGES

We will be using Zoom,  
an online video conferencing program.

We will provide live instructions on how to connect  
with this program and additional support if needed.

You will need a device with a camera and microphone,  
such as a laptop, tablet, or smartphone as well as  
internet connection.

**Contact: [lyfrkz@gmail.com](mailto:lyfrkz@gmail.com)**  
**(503) 250-3510**

**Program fee: \$25**  
**Scholarships Available**



## What the program includes:

- 4 weekly session including music, discussion, activities and a virtual Campfire!
- Week 1
  - Welcome & Introductions
  - Ice Breaker Activities with Speech students
- Week 2
  - Dessert Prep with OT
  - Discussion with OT students around
    - Eating Out
    - Dinner Parties
    - Adaptive Equip
- Week 3
  - Planting with Horticulture Students
  - Discussion with Horticulture students around
    - Gardening
    - Herbs for cooking
    - Botanical Gardens
- Week 4
  - Virtual Campfire including music from the Back Strokes!

**Register and Pay online at**  
**[www.AphasiaNetwork.org](http://www.AphasiaNetwork.org)**